



11th ASEAN GERONTOLOGY COURSE



Jointly organised by

INIA-SAGE ASEAN Centre on Aging (ISACA)

The International Institute on Ageing, United Nations – Malta (INIA)

&

The Singapore Action Group of Elders (SAGE)

26 July to 3 August 2010

Furama City Centre

Singapore



“We must be fully aware that whilst developed countries become rich before they become old, developing countries will become old before they become rich”

- Dr Gro Harin Bruntland,
Former Director General of World Health Organisation

It is estimated that globally, every month, 1 million people turn 60 years of age. The number of older persons is projected to increase to 2000 million in 2050 from 600 million in the year 2000. The increase will be greatest in developing countries and their numbers are expected to more than double reaching 850 million by 2025. Today, about two-thirds of all older people are living in the developed world; by 2025, it will be 75% - most of them living in Asia.

How will Asian countries cope with this rapid increase, especially of the oldest old, when they face the simultaneous challenge of ageing and economic development?

Objectives of the Course

This 8 day intensive regional training course aims to provide a broad understanding of the Social, Medical and Economic aspects of Ageing. It will equip participants with an awareness and knowledge to evolve viable and realistic policies appropriate for their own countries and communities. This is targeted to meet the challenges of sustaining an acceptable quality of life and health of the older persons while maintaining the economic development of the country. International lecturers from United Nations – Malta and Singapore will be conducting the training through lectures and workshops.

Who should attend this Course

Applications are invited from those who are:

- Directly engaged in social/health service delivery for older persons in the statutory, voluntary or private sectors in their own country.
- Active in policy-making, planning development and training in the field of ageing
- Trainers or potential trainers who will provide leadership in securing a better social/health service delivery system to the elderly
- Holding or being proposed for leadership positions in the care of the older persons.

Course Outline

Social Gerontology

- Demographic Determinants and Consequences
- Older persons in the Changing Role of the Family
- From a Welfare State to a Welfare Society
- Social Policies and Population Ageing
- Development of Community Services for Older Persons

Geriatrics

- Principles of Geriatric Assessment
- Disease Prevention and Health Promotion in the Elderly
- Falls, Fractures and Osteoporosis in Older Persons
- Strokes & Hypertension in Older Persons
- Diabetes & Dementia in Older Persons: Diagnosis and Management

Economic Impact of Ageing Population

- Economic Consequences of Ageing in ASEAN countries
- Work and Retirement
- Healthcare Costs in an Ageing Population
- Alternative Approaches to Income Security for the Elderly
- The Role of Research in an Ageing Population

Workshops

- Development of Community Services
- Informal Support Systems

Registration Fees:

For Singapore : S\$1,800 * 60% VCF Subsidy (for VWOs in Singapore only)
For overseas participants: US\$2,000.00 (including accommodation)